# **Healthy Homes Initiative**

A korowai of mahi across the motu **GOOD NIGHTS** FOR LITTLE KIWIS The massive effort to provide tamariki with their own beds

In this week's ePānui: Stories of Trust

Ko te pae tawhiti, whāia kia tata; ko te pae tata, whakamaua kia tīna: Seek out distant horizons and cherish those you attain\* Kia ora

Establishing trust with a whānau requires a strong foundation and goes beyond simply supplying goods that may or may not be suitable or utilised in a whare.

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Last week we explored Connections, telling the stories of organisations that through working with others to build whakawhānaungatanga and provide awhi to whānau, demonstrated a critical component in a Healthy Homes journey.

The mahi of Connections exemplifies establishing the grounds for the next element in our series: Trust. By achieving a foundation of trust, then delivering and following up, organisations cement themselves as honourable entities that can truly support communities in the many nuanced ways that present from whānau to whānau.

Under the element of Trust, the Healthy Homes Initiative has impacted over 135,979 whānau.

In today's ePānui we learn about four orgnaisations delivering on the foundations of trust in unique ways.

Enjoy the read!

# Delivering a journey, not just an output

When Tamaiti Healthy Homes (Tamaiti HH) learnt a whānau they were journeying with to improve heating in their whare was having issues in another area, they stepped up to help here too – going the extra mile to deliver not just a service, but an outcome.

Tamaiti HH was busy working alongside a whānau struggling to keep their large whare warm with a single heat pump.

With the Ōtautahi-based organisation's support, the whānau received heaters, an additional heat pump, curtains and blankets.

**Key contributor:** 

Curtain banks: volunteers produce curtains for most of the HHI providers. Then, a new issue arose: due to a damaged hot water cylinder the whānau found themselves forced to choose between doing the dishes or showering,

So Tamaiti HH arranged for the cylinder to be repaired too. It's a move that epitomises how Healthy Homes providers are not just delivering a service, they are committed to the outcome.

Describing their mahi:, Tamaiti HHI says: .

"It's a privilege to tautoko whānau to thrive at home."



AWHI Healthy Homes Waikato's efforts to help a solo mother of four prepare for winter exemplify how working with other trusted services allowed for the delivery of a fantastic outcome. The result is a whare transformed to a warm, comfortable environment and a mother relieved of the hardship of getting her tamariki through another winter in an unhealthy home.

Delighted with the improvements, she expressed her gratitude to AWHI and the Healthy Homes Initiative.

"As a single mum making ends meet, knowing the whare is winter-ready and warm really eases the burden."



Facing another winter in a cold, unhealthy home, a mother of four began a journey with **AWHI** Healthy Homes Waikato.

Working with Matawhaanui Trust and Habitat for Humanity, Healthy Homes education, curtains, blankets and beds were all delivered.

### Helping newborn twins into a healthy home

A whānau of newborn twins and their two siblings were frequent faces at their local health care centre, battling recurring skin and respitory issues understood to be symptomatic of the state of the rented whare they lived in with their mum. Thanks to **WISE** Whanganui facilitating connections across the region, the whānau have made a successful transition to a healthy home.

WISE worked hard to collaborate with the Whanganui Regional Health Network and The Peoples Centre and through collective efforts, including advocacy and comprehensive assessments, the team facilitated the successful transition of this whānau into a healthy home through Kāinga Ora.

#### Good nights for little Kiwis Mahi by the numbers

9 Whānau 21 Beds and mattresses 21 Pillows and bedding sets 21 Children with

their own beds

Through funding from Variety and others, 21 beds and mattresses were recently delivered to nine families in Te Toka Tumai and Waitematā...

But the efforts didnt end there. Going beyond getting the items to whānau front doors, the team also built the beds in the whare and provided all new bedding for 21 children.

From that night on, these tamariki have been able to sleep in their own beds.

Among the recipients, a parent of two boys and twin girls shared:

#### ".... [My] twins are currently sharing a bed, and my eldest's disability means he struggles with crowded spaces.

"Giving him his own bed will make a huge difference to his ability to feel safe and comfortable, meaning we all sleep better."

Noho Ähuru acknowledge that "together we are able to provide a breadth of services that support whānau with tools to thrive and feel supported in a way that truly meets their needs."

> In next week's ePānu we discover stories of Engagement.

# Key contributor:

Variety - the children's charity, is a majority funder for beds.

It uses expertise in housing, health and disability to understand and support the complexities whānau face on multiple levels.

Through a massive collective effort, with its three partners, - Habitat for Humanity, Te Puna Manawa and Vaka Tautua - nine whānau have been supported with life-changing essentials many of us take for granted.



The Noho Ahuru – Healthy

partnership encompasses

a whānau-ora approach.

Homes collective